

Thankful Turkeys

Objective: Students will practice SEL skills through a creative activity based in self-awareness.

Materials: Crayons or markers, pencils, scissors, glue sticks



Instructions:

1. Have a 10-minute discussion about gratitude and what it means to be thankful, (i.e. What is Thanksgiving about? What does it mean to be thankful? What is something you are very thankful for? Why is important to be thankful?)
2. Play a video on thankfulness:
 - a. (K-2)
Little Critter's BEING THANKFUL By Mercer Mayer | My Cozy Corner Storytime
<https://www.youtube.com/watch?v=aVA-hihpZ5Y>
 - b. (3-5)
What is Gratitude & 4 Ways To Practice
<https://www.youtube.com/watch?v=hABaXMcpLWI&t=15s>
3. Pass out a Turkey and Feathers worksheet (page 2 & 3) to each student, along with pencils and crayons or markers
4. Ask students to write (or draw if they can't write) one thing they are thankful for in each feather. Advise students to write boldly, (with a dark color and bold lettering), for easier readability.
5. Students can use scissors when they are finished coloring their feathers and turkeys to cut out their pieces before using glue sticks to attach the feathers to the back of their turkeys.
6. Walk around and assist students as needed.



