Middle School Writing Prompts

Cut out the prompts below and put them in a jar to be picked at random for writing in class!

What is your greatest talent?
Write about a time when you felt mad. What did you to feel less mad?
Write about the best day ever. What would you do?
If I received three wishes, I'd wish for
Write about a time you practiced a new skill. You can write about a sport, game, musical instrument, or something else. Did you get better? What did you do and how did you feel?
When I grow up I want to be because
I want to go on a vacation to because
Retell a story in which a character has a problem. Tell about how this character solves the problem.
My favorite thing to do at home is because



Write about a time when you and a friend argued. What did you do?

What is your favorite color? Why?

Write about a time you felt uncomfortable at first but more relaxed later. What did you learn about yourself through the experience?

Describe a time that you were thankful for something that someone else did for you. What emotions did you feel and how did you express them?

If I could go back in time I would go to _____.

If I could change one thing about the world, I'd change _____

Write about what you hope to accomplish the next 12 months. Include details on how you will accomplish these goals.

My favorite part of school is _____ because _____

What have you learned this year?

Write about a time that your opinion changed. What caused it to change?



Write a story about accomplishing something as part of a group that could not have been done individually, (can be fiction or non-fiction).

What is your favorite food? Why?

Write about a time when you had to wait for something? How did you feel?

How do you think other people see you?

Write about a time you helped your parents. How did you feel?

When I am sad I can calm down by doing _____

If you could be in charge of school for a day, what would you do?

What is your favorite place in the world? Why?

What is your favorite thing about yourself?

Reflect on the emotions that you experienced during the last test you took. How did those emotions affect the rest of that class, day, or week?



What is the best gift you ever received?
I get scared when
Describe the qualities that you want in a teammate or partner. Include personal qualities that are important in supporting communication, cooperation, and collaboration.
What is your favorite thing to do on a rainy day?
I'm really good at
What are some ways that you help others in your family or community?
Describe an interesting place you've visited.
Something I like to do that makes me happy is
Write down five things that define who you are, listing them as "I am ," statements. Take a few minutes to think about each one. Which quality feels the best?

BEFA Better Education For All

What is your favorite season and why?
When I am 100 years old I will
When I was a baby
When you're feeling confident, what emotions do you experience?
Write about a person you admire. What qualities do you have in common with this person?
What is your favorite thing to do? How do you feel when you work on this activity?
My favorite animal is because
What does it feel like when someone recognizes something you worked hard to do?
What makes you feel like a strong person?
What makes you laugh?



Tell us about your favorite book.

When I am angry, I calm down by _____.

Write about your favorite physical feature.

Write about your favorite intellectual quality.

What are some of your biggest goals in life? How will you achieve them?

When do you feel proud of yourself?

How do positive thoughts promote confidence?

Are you a self-confident person? If so, what do you think makes you that way? And if not, what do you think you could do to be more confident in yourself?

When things get tough, do you persevere through them? How do you do that? How would you like to grow in your perseverance skills?

